

The Adversity Advantage

Accelerated Executive Coaching Program

Powered by CLAU.

In these unprecedented times leaders need to be future proof and navigate change fast, turning adversity into an advantage.

Claudia Lantos, known as CLAU, provides the essentials, fuelling your Leadership Adaptability and Effectiveness.

This no nonsense, f2f virtual program helps leaders to:

1. Increase self awareness and self management
2. Accelerate responsive thinking power and focus
3. Boost adaptability, resilience and wellbeing
4. Reflect, anticipate, prepare and action effective decision making and delivery of results.



The Adversity Advantage

The program focuses on HOW to create strategic headspace, responding to change, uncertainty and challenges.

Facing adversity requires thinking power and focus. In times of pressure our brain tends to go into fight or flight mode and shuts down. CLAU. provides new insights, tools and fresh perspectives you need in order to think clearly, adapt and act, so you can:

- Lead remote teams with care and empathy
- Influence peers and stakeholders
- Deliver optimal results
- Shift your team and the organisation effectively to the new normal
- Building optimism, confidence and trust

"Don't accept the Status Quo that's not right for you, do something about it!"

Delivery:

This program will be delivered through 4x 1.5hrs virtual f2f executive coaching sessions, complemented with practical learning, intermittent access and support throughout.

CLAU. has 20+ years experience supporting leaders under pressure, overcoming adversity. She has led leaders through Y2K, GFC. And she turned her own adversity into advantage, recovering and reinventing herself after multiple car accidents and concussions, building successful executive coaching businesses in Europe and Australia.

For more information:

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